Mini International Neuropsychiatric Interview to assess DSM-5 depressive features in manic and hypomanic episodes
The Mini International Neuropsychiatric Interview (MINI)\(^1\) is a tool to assist clinicians to conduct psychiatric diagnoses most often encountered, by using DSM* criteria.

This particular questionnaire was developed to evaluate the DSM-5 specifier\(^2\) “with depressive features” for (hypo-)manic episodes. It has been designed to be filled in directly by patients.

**How to score**

A point is scored every time a patient answers **yes** to a question.

In questions **2**, **4** and **5**, a point is scored if the patient answers **yes** to either **a** or **b**.

If the total number of points is **equal to or greater than 3**, the patient presents a probable (hypo-) **manic episode with depressive features**.

Note: The MINI is a tool to **help** diagnosis but cannot replace a thorough clinical examination.

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* Diagnostic and Statistical Manual of Mental Disorders.


The below questions refer to symptoms people might experience either simultaneously or fluctuating with manic symptoms, during a manic episode.

Please read each question carefully.

If the question describes symptoms you have experienced almost every day since the beginning of your current manic episode, tick YES.

If the question does not describe how you have been feeling, or if you are in doubt, tick NO.

01. You felt sad, empty, tearful, down, or depressed? 

02.
- a) You were less interested in most activities? 
- b) You had less pleasure doing the activities you used to enjoy?

03. You were slowed down in your speech, thoughts or movements?

04.
- a) You had fatigue? 
- b) You felt without energy?

05.
- a) You had feelings of worthlessness? 
- b) You felt excessively guilty?

06. You wished you were dead, considered hurting yourself, made plans to commit suicide or attempted suicide?